

# CACLE NAPP DINDEE

# **Dundee Cycle Map**



This map was produced as part of the Dundee Travel Active initiative, which aims to encourage sustainable travel choices. For more information about this initiative and to find out how you can get involved visit www.dundeetravelactive.com

For your own personalised walking and cycling route planner, real-time bus updates and for further information about travel in Dundee visit

www.dundeetravelinfo.com



# **Cycling safety**

# Before setting off

- Check your bike, especially if you have not ridden in a while. Your bike will need to be suitable for the terrain on which you will be cycling. Plan for emergencies - take a pump, puncture kit and some form of ID.
- Make sure that your brakes work, your chain is not too loose or tight, and your tyres are pumped up. If it has been a long time since your bike has been out you could get a reputable dealer to service it.

## Clothing

- A cyclist can cycle in the majority of weather conditions; the key is to wear appropriate clothing to protect you against the elements.
- However, please consider how visible you are; when it is dull and dark you need to be certain that motorists can see you! Wear bright or fluorescent colours so others can see you during the day.
- At night some reflective material is required that will be picked up by car headlights to highlight your presence.
- Consider wearing a helmet to protect you in event of an accident.

- Check your lights are working; it is a legal requirement to have a steady light on your bike at night and on dull days.
- You can also increase your visibility by wearing a red flashing LED light attached to the back of your clothing.

# Advice for riding on-road

City centre inset

- You must follow the Highway Code.
- Be aware of what is happening all around you at all times.
- If riding with children, ride behind them and slightly further out away from the kerb – this will ensure that cars overtaking will not drive too close to them.
- Use clear signals so other road users know exactly what you are doing.
- On dull days or at night ensure you can be seen use your lights and dress appropriately.
- Consider the weather conditions; just like driving, different riding skills will be needed.

# Advice for riding off-road

- You now have the right to cycle on most land in Scotland providing that you act responsibly and always follow the Scottish Outdoor Access Code. If there is a marked path for cyclists keep to that path.
- Be prepared to give way or slow down for others particularly near bends, gateways etc.
- Be aware of the needs of others.

# Cycling and the law

A cyclist must exercise due care and attention at all times, and obey the Highway Code, including all traffic signs and traffic signals

# You CAN cycle.....

- on bridleways and byways but you must give way to walkers and horse riders.
- on cycle tracks and bus lanes if the lane signs include a cycle symbol.

# You CANNOT cycle.....

- on a pavement or a footpath unless there is a right to do so.
- at night without appropriate lights and reflectors.

# On all routes.....

Please be courteous! Always cycle with respect for other cyclists, pedestrians, people in wheelchairs, horse riders or drivers and acknowledge those who give way to you.

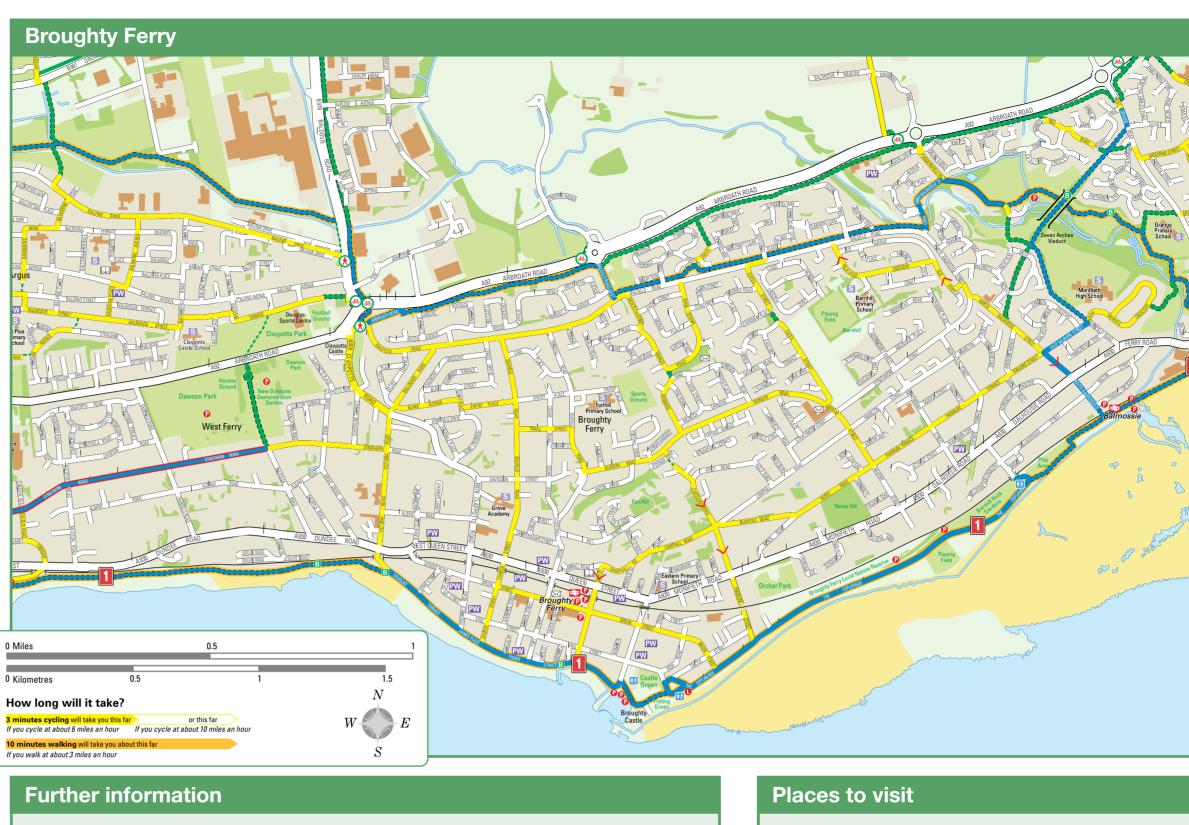
# **Enjoy Scotland's**

# outdoors responsibly

- take responsibility for your own actions
- respect the interests of other people

• care for the environment.





# The National Cycle Network

The National Cycle Network (NCN) is a network of promoted routes for cycling throughout the UK. Within Dundee, Route 1 runs between the Tay Road Bridge and Monifieth and Route 77 between the Tay Road Bridge and Invergowrie.

If you fancy exploring a bit further Route 1 will take you over the Tay Road Bridge to Tentsmuir Forest and St Andrews and along the coast past Monifieth to Arbroath and Aberdeen. If you continue on Route 77 you can get to Perth and Pitlochry. For further details contact Sustrans on 0845 113 00 65 or visit www.sustrans.org.uk

# The North Sea Cycle Route

The North Sea Cycle Route is a tourism project which links cycle routes around the North Sea area. The route in Dundee follows NCN Route 1. The 5,500 km route joins Scotland, England, the Netherlands, Germany, Denmark, Sweden and Norway. For more information see the website at: www.northsea-cycle.com



# **Green Circular and Greenways**

The Green Circular Route is Dundee's long established route for walking and cycling which circumnavigates Dundee. It links the city's parks and places of interest and is a great leisure route.

The Greenways routes are newer additions and link the Green Circular into the city centre via greenspaces, workplaces and schools

Visit www.dundeecity.gov.uk/outaccess for a route guide and further information.

# **Dundee Port**

The cycleway through Dundee Port is accessible to cyclists who take along photo ID. If you do not have photo ID you can either follow the signed alternative route or apply to the Port Authority for a security pass (01382 224121).



# Problems?

Not all of the routes shown are regularly inspected – if you find any defects then please call the Council Roads helpline, free on 0800 232323

# Bike shops



 Spokes: 01382 666644 272 Perth Road, DD2 1AE



18b Exchange Street, DD1 3DL Nicolsons Cycles: 01382 461010



Cycle Stop: 01382 322331
7 Victoria Road, DD1 1EL



Cycle Stop: 01382 322331

Dewar House, Staffa Place, DD2 3SX



Lanka House Group: 01382 505683

Lanka House, Barns of Claverhouse, DD4 9RA



MGR Cycles: 01382 539214 22 High Street, Monifieth, DD5 4AE

There is plenty to do in this Country Park, named after the Battle of Camperdown in which Admiral Adam Duncan defeated the Dutch Navy. There is a Wildlife Centre, an adventure play area and a golf course. The arboretum contains many exotic and unusual trees including the Camperdown Elm. Templeton Woods and Clatto Park are just a short cycle away. If you go slowly through the woods you might even spot a red squirrel or two.

Camperdown Country Park

# City Parks

Parks such as Balgay Park and Baxter Park are full of interesting historic features. The only public observatory in Britain is in Balgay Park and the landscaping and pavilion a Baxter Park have recently been refurbished.

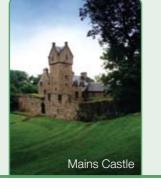
Caird Park and Dawson Park are great for recreation and sport. There is a velodrome in Caird Park for track cycling

# **Dundee Law**

It's quite a trek up Dundee Law, the remains of a volcano active 395 million years ago, but the panoramic views across the city and beyond from the top certainly make it all worthwhile. Remember to take care on the way down!

# Castles

There are four castles in Dundee. Dudhope Castle, a fortress and tower house from the 16th Century, is the closest to the city centre, situated in Dudhope Park. Mains Castle, in Caird Park, was built in the mid 16th Century by Sir David Graham. To the east of the city are Claypotts Castle, once owned by John Graham (Bonnie Dundee) and now owned by Historic Scotland and locked for most of the year. Broughty Castle, situated on the harbour wall in Broughty Ferry now houses a museum and is a great spot for Dolphin watching.





# Museums and Galleries

If you are interested in Dundee's heritage then visit the RRS Discovery, the Frigate Unicorn and Broughty Castle Museum to find out more about Dundee's whaling and shipping history and Verdant Works to find out about the textile mills.

Signed cycle route on-road

Signed cycle route off-road

Traffic-free path

Green circular cycle route

Proposed cycle route

■ ■ ■ ■ Walk your bike

PW

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Advisory cycle route (traffic volumes may vary according to the time of day

Pedestrian streets - cycling permitted

Cycle parking / lockers / staff only lockers

National Cycle Route numbe

University / College / School

Toucan / Pelican crossin

Off-road paths at Camperdown, Templeton, Clatto, the

Place of worship

Post office / Library

Bike shop

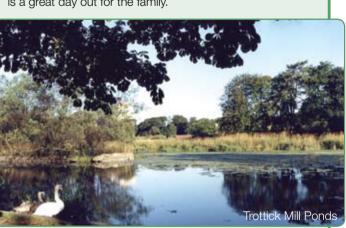
Train station

Public toilet One-way / Steep

Barrier or steps

are not tarmac surfaced and may be muddy

Dundee Contemporary Arts hosts arts exhibitions throughout the year and McManus Galleries will give tours of their collections unit at Barrack Street whilst the galleries themselves are being upgraded. Sensation Science Centre



# **Trottick Mill Ponds Local Nature Reserve**

The ponds at Trottick were once used as part of Dundee's booming textile industry and are now host to a variety of wildlife. In the surrounding area there were many mills, ponds and bleachfields. The Dighty Burn once supplied water and power to more mills and factories than any other water course in Scotland. There were once over 30 mills along the course of the Dighty. Trottick Local Nature Reserve was awarded Green Flag status in 2008.

# Broughty Ferry

Broughty Ferry was once a seaside resort and fishing village. It still has a village atmosphere and has lots of cafés, pubs and restaurants, providing a welcome break on any walk or cycle. Broughty Ferry has an award winning beach and play area. The Barnhill Rock Gardens were also awarded Green Flag status in 2008.